



## About Us

Each summer the Municipality of the County of Cumberland hires summer staff to coordinate and lead summer programs throughout the county. This summer, Parrsboro will have 7 summer employees working to provide exciting and fun programs to our community. Keeping within Nova Scotia's Covid-19 guidelines for Day Camps, we will be able to accommodate 26 children.

Each staff member must submit a clear Child Abuse Registry and Vulnerable Sector check. Staff will all be trained in Emergency First Aid and CPR, Safer Spaces, Inclusive Recreation, Fundamental Movement Skills, Active Start for Soccer, and Child Protection.

We will be using KidCheck as the Check-In system this year for all weekly summer programs. Please see the registration form which will outline what KidCheck is, why we are using it, and how you can set up your account.

## Meet the Parrsboro Summer Staff

### **Supervisors:**

Nicholas Leopold

Sarah Payne

### **Leaders:**

Kelsey Dinaut

Brooklyn Allen

Will Harrison

Jorja Trottier

Note: Due to the large demand for our Outdoor Adventure Program and Soccer Program, and to provide equal opportunity for each child, we will be using a lottery format for placement into each program.

Please see attached letter for details.

All summer programs will follow Phase 2 of the Government of Nova Scotia COVID-19 Re-opening plan.

# Soccer Program

Program runs July 20<sup>th</sup> to August 26<sup>th</sup>  
at the Parrsboro High School Field

## Registration

**Deadline:** 12:00 pm July 7<sup>th</sup>

### How to Submit:

Email to

[spayne@cumberlandcounty.ns.ca](mailto:spayne@cumberlandcounty.ns.ca)

**OR**

Call: (902)-254-4114

**OR**

Drop off at the Parrsboro Service  
Centre – 209 Main St



## Information

**Time:** 5:30 -7:00 p.m. every  
Tuesday and Thursday

**Location:** Soccer Field at  
the Parrsboro Regional  
High School

**Cost:** FREE

### Age:

5 and under

9 and under

12 and under



Any cancellations will be posted on the Parrsboro Recreation Facebook  
Page before 4:00pm on Tuesdays and Thursdays.

# Outdoor Adventure Program

Run out of the Parrsboro Lions Arena

**Time:** 9:00 am - 3:00 pm

**Price:** \$35 per week

**Registration:**

**Deadline:** 12:00 p.m. on July 7th

**How to Submit:**

Email to

[spayne@cumberlandcounty.ns.ca](mailto:spayne@cumberlandcounty.ns.ca)

**OR**

Call: (902)-254-4114

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Drop off at the Parrsboro  
Service Centre

## **Week 1 – Parrsboro Explorers (July 19<sup>th</sup>-22<sup>nd</sup>)**

Join us in discovering all Parrsboro's hidden gems close to home. We will be heading out into community to learn about the history, culture, and landscape. We will visit the museum, library, and artists in the area.

## **Week 2 – Welcome to Atlantis (July 26<sup>th</sup>-29<sup>th</sup>)**

Looking for a fun way to cool down this summer? Join the Parrsboro day camp on their amazing adventure across the sea to find the lost city of Atlantis through a water week full of awesome outdoor activities that are sure to beat the heat.

## **Week 3 – Jumanji's Great Adventure (August 3<sup>rd</sup>-5<sup>th</sup>)**

Join our leaders to explore the wonders of the wilderness in Jumanji's great adventure. With activities including nature walks, scavenger hunts, geocaching and learning important outdoor survival skills.

## **Week 4 – Let's Get Chemical (August 9<sup>th</sup>-12<sup>th</sup>)**

Science week is sure to be a blast! With tons of science themed games, activities, and many hands-on experiments, we will be getting active, having fun, and learning at the same time!

## **Week 5 – Time Travel Through the Decades (August 16<sup>th</sup>-19<sup>th</sup>)**

Travel back in time with Parrsboro's leaders to experience some of the best and biggest moments in our own blast from the past. Visit the 50's, 60's, 70's, and beyond through games, art, music, and more.

## **Week 6 – Board Games Paloza (August 23<sup>rd</sup>-26<sup>th</sup>)**

This week we will be playing a variety of exciting games with a twist! Including giant Jenga, mini putt, giant foosball, real life battleship, and much more!

## **Items to Bring:**

- Water Bottle
- Change of clothes
- Sneakers
- Swimsuit & Towel (water week)
- Lunch
- Sunscreen – SPF30+
- Hat
- Sunglasses
- Positive Attitude!

Note: Camp cohorts will remain with a consistent 13 campers per 2 leader all week, and groups will aim to spend the majority of the day outdoors. Campers will also explore off-site on a daily bases during the week.

# Friday Pop-Up Events

Every Friday we will be offering events for preschool and school age children, teens, adults, seniors, and families. Updates for these programs can be found on the Parrsboro Recreation Facebook page.

**9:00am-10:30am**

## Senior Pop-Up

**Ages:** 55+

**Location:** Lions Arena

Walk, Talk and Roll

Chair Fitness with  
Cumberland YMCA

Call and reserve a spot by  
4pm the Thursday before

(902) 254-4114.

**10:30am-12:30pm**

## Bike and Hike

**Ages:** Family

**Location:** will vary

Each week we will pick a  
family friendly bike ride  
and hike.

Call and reserve a spot by  
4pm the Thursday before

(902) 254-4114.

**1:30pm-3:00pm**

## Preschool Trailblazing

**Ages:** 3-5

**Location:** will vary

Designed to help connect  
preschool age children  
with nature,

Call and reserve a spot by  
4pm the Thursday before

(902) 254-4114.

## Tennis

**Time:** 10:30am-12:00pm

**Ages:** 13 and under

**Location:** Parrsboro Tennis Court

**Registration due:** By noon July 7<sup>th</sup>

email to

[spayne@cumberlandcounty.ns.ca](mailto:spayne@cumberlandcounty.ns.ca)

or

Drop off at the Parrsboro Service  
Centre 209 Main St.

## Try-It Sports

**Time:** 1:00pm-3:00pm

**Ages:** 5-12

**Location:** will vary

Call and reserve a spot by 4pm the  
Thursday before

(902) 254-4114

#

Registration forms for Outdoor Adventure and Soccer are due by NOON on July 7<sup>th</sup>, 2021  
Guardians will be informed by July 9<sup>th</sup>, 2021 ----- Payment due prior to program start date!