

Death Cafe

CAN WE TALK....ABOUT DEATH AND DYING?

Join the Southampton, Parrsboro and Advocate Region Heath board in Collaboration with Cumberland Hospice Society as they host a Death Cafe at The Sunshine Inn at Parrsboro. On Thursday September 27th

This is an opportunity to discuss everything surrounding death and dying as attendees engage in courageous conversations over coffee, tea and cake. Our Goal is to demystify death and dispel fears about dying, so that we can all reaffirm our need to live more fully.

What is a death cafe?

At a Death cafe people, often strangers, gather to eat cake, drink tea and discuss death with an objective 'to increase awareness of death with a view to helping people make the most of their (finite) lives' A death cafe is a directed discussion of death with no agenda, objectives or themes. It is a discussion group rather then a grief support of counselling sessions. Death Cafe have spread quickly across Europe, North America and Australia. To date, approximately 5141 Death cafe have been offered in 51 countries since September 2011. The Death Cafe model was developed by Jon Underwood and Sue Barsky Reid, Based on the ideas of Bernard Crettaz. To Learn More visit www.DeathCafe.com

How do I take part?

Pre-registration is required, as space and supplies are limited. To Register, you can call Delphine Davies (902)-254-2655 or email delphine.davies@icloud.com

Brought to you by:

CUMBERLAND COUNTY HOSPICE/PALLIATIVE CARE SOCIETY

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