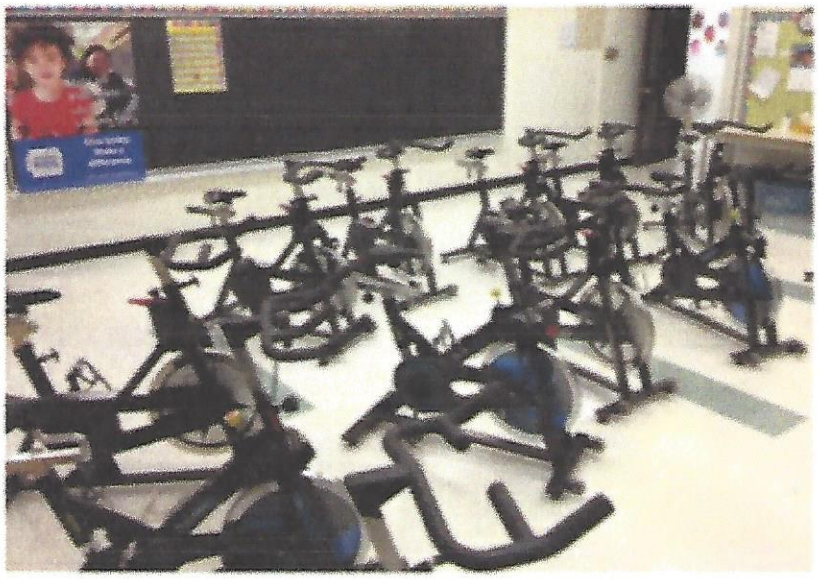
Parrsboro Cyclefit

Let's Fall back into fitness! Are you looking for a great way to feel healthier, stronger and empowered? Join us for a dynamic indoor group cycling class, suitable for all fitness levels that will challenge your stamina and leave you begging for more.



When: Monday and Wednesday from 6:15 – 7:00pm

Where: Parrsboro Elementary School

Cost: $8.00 per class – Senior / Student: $5.00 per class

***Classes will commence on Monday, September 10, 2018.**

Please note: To participate in Cyclefit, you are required to sign up in advance of class start time by calling (902) 667-9112. You may sign up as early as 5pm the day prior to the class you wish to attend.