



CUMBERLAND

nova scotia



*Explore Cumberland
Relocation Guide*



WELCOME To The

EXPLORE CUMBERLAND RELOCATION GUIDE

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WELCOME To The EXPLORE CUMBERLAND RELOCATION GUIDE

If you're looking to make a fresh start, begin a new chapter or simply start living your best life, Cumberland is the perfect place to do so!

Here in Cumberland County, Nova Scotia, we are blessed with an abundance of natural beauty and immensely kind people. We have farmers' markets, award-winning vineyards, outdoor adventures galore, and activities for the whole family.

Like beaches? We are surrounded by picturesque beaches with the warmest waters north of the Carolinas, and they're just waiting to be discovered by you and your loved ones!

We have hardly any traffic, extremely low crime rates, and daily sunsets that will take your breath away!

You can experience all four spectacular seasons, and do so while enjoying outstandingly affordable real estate, low cost of living, a world-class quality of life, and a community that will welcome you with open arms.

So what are you waiting for?

Let today be the day you start your journey towards a better tomorrow, a better you and a better life.

Join us in Cumberland, where you really can have it all!

Home to scenic views and unexpected indulgences, Cumberland Region of Nova Scotia is home to three distinct sub-regions: Fundy Tides, Wentworth Valley, and Northumberland Shores. Each offering unique and rewarding experiences at every turn. Explore some of our featured destinations - high tides, dramatic views, whales, wildlife and fossils.



Fundy Tides
HOME OF THE
WORLD'S HIGHEST TIDES

The Fundy Tides region of Cumberland County is home to the world's highest tides and so much more. Walk across the ocean floor, kayak next to ancient rock formations, and hike mountain cliffs while enjoying the comforts and hospitality of the region.



Northumberland Shores
RED SANDS. SOFT WAVES.
WARM WATERS.

Often referred to as Nova Scotia's Sunshine Coast, the Northumberland Shores region is home to fine-sand beaches, local vineyards, coastal trails, and exceptionally warm waters. The perfect destination for a family vacation, you're sure to make memories within the Northumberland Shores Region.



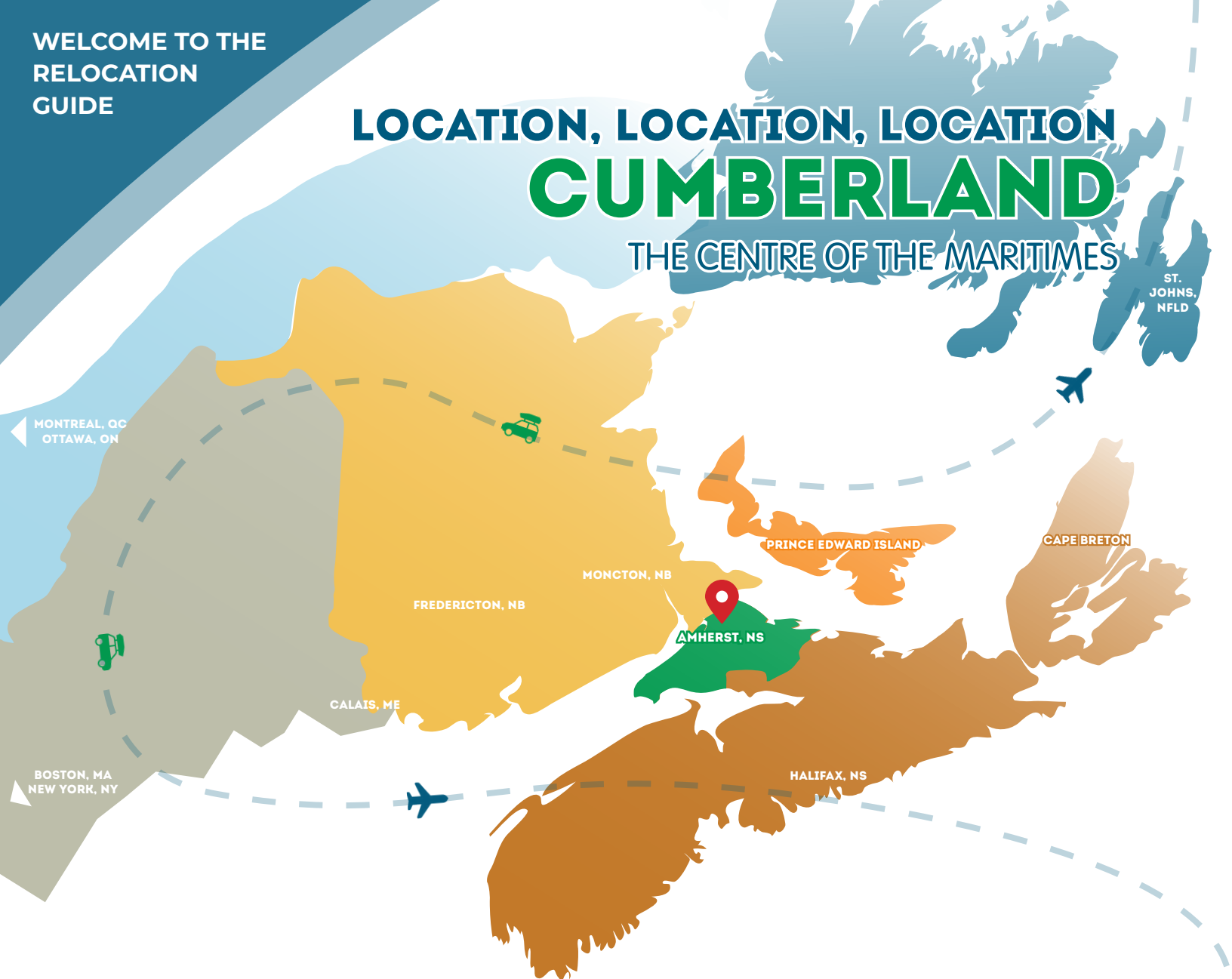
Wentworth Valley
THE HEART OF CUMBERLAND'S
WINTER WONDERLAND

The scenic Wentworth Valley, nestled in Nova Scotia's Appalachian Mountains, offers beauty and adventure for all seasons. Home to a provincial park and Ski Wentworth - one of the largest ski areas in the Maritimes - you can ski, hike and drive while experiencing the wonders of this magical Cumberland region.



LOCATION, LOCATION, LOCATION CUMBERLAND

THE CENTRE OF THE MARITIMES



Live Here & Visit Anywhere

2 INTERNATIONAL AIRPORTS CLOSE BY

Here in Cumberland we are located directly in the middle of the Maritimes, making all of Atlantic Canada your own personal playground! With 2 international airports within a hour or two drive, you can let Cumberland be your affordable home base, while you explore the world or visit friends and family around the globe.

Want to stay close to home? You can be on Prince Edward Island enjoying local seafood in less than an hour, or enjoying dinner and a show in Halifax in less than 2 hours. Here in Cumberland, the world really is your oyster! (Speaking of oysters, you can get them fresh locally here, and they taste INCREDIBLE!)

MONCTON, NB
65 KM < 1 HOUR DRIVE

**PRINCE EDWARD
ISLAND**
85 KM < 1 HOUR DRIVE

HALIFAX, NS
195 KM < 2 HOUR DRIVE

ST. JOHN'S, NFLD
1,060 KM < 2 HOUR FLIGHT

FREDERICTON, NB
238 KM < 2.5 HOUR DRIVE

CAPE BRETON, NS
368 KM < 4 HOUR DRIVE

MONTREAL, QC
1,051 KM < 10.5 HOUR DRIVE

OTTAWA, ON
1,240 KM < 12 HOUR DRIVE

UNITED STATES OF AMERICA

PORTLAND, ME
691 KM < 7 HOUR DRIVE

BOSTON, MA
870 KM < 8.5 HOUR DRIVE

NEW YORK, NY
1,200 KM < 12 HOUR DRIVE

CHOOSE YOUR COMMUNITY



Advocate Harbour

Population: 850 (APPROX.)

Advocate Harbour is a coastal community situated along the Bay of Fundy that offers dramatic views and a wonderful mix of places to stay, adventure boat tours and locally inspired dining. Home to Cape Chignecto Provincial Park, Nova Scotia's largest park offering back-country and day use trails, beaches and camping. This area is the perfect place for a guided Bay of Fundy kayaking adventure with NovaShores Adventures.

Cape D'or

A UNIQUE LOCATION

Come and stay at a unique oceanside dining and overnight accommodation facility located on the rugged shore of the Bay of Fundy. The guest house is the old Lightkeeper's residence and now serves as a 4 bedroom Inn - a truly unique experience! Situated approx. 7 km from the village of Advocate Harbour, the location is unique and sits prominently on a cliff shelf jutting out into the Bay of Fundy. Cape D'or experiences some of the highest tides in the world and has varying tidal phenomena called "The Dory Rips."



Foodies Delight

WILD CARAWAY

Delicious, locally sourced meals served in a uniquely colourful setting overlooking the world-famous tides of the Bay of Fundy. Restaurateurs bring their global restaurant experience from London, Australia and Ireland.



Outdoor Adventures

SEA KAYAKING & HIKING

Kayak the Bay of Fundy with the highest tides in the world along the tallest cliffs on mainland Nova Scotia and through narrow archways, rewarded by the majestic view of the legendary Three Sisters geological formation.



Amherst

Population: 9,404 (APPROX.)

As the Province's historic border town, Amherst is the first community to welcome visitors to Nova Scotia traveling from New Brunswick via the Trans Canada Highway. The town is centrally located to both the Bay of Fundy, home to the world's highest tides and the Northumberland shore, where several warm-water ocean beaches await.

Stately Victorian homes line the streets of Amherst, with some restored and transformed into inns, bed and breakfasts or guest homes. Spend the night in one of these intricately decorated grand homes in the area, many situated on beautifully landscaped properties.



Live, Work, Play

SEE WHY WE LOVE IT

Stay in a beautiful historic B&B or a contemporary hotel and take day trips to tour the depths of a coal mine, hunt for 300-million-year-old fossils by the Bay of Fundy, the Cliffs of Fundy Unesco Global Geopark, swim at Nova Scotia's warmest ocean beaches and enjoy fresh seafood at the shore.

Shop more than 100 local artisans at Maritime Mosaic and the Amherst Artisan Gallery. Take a rug hooking workshop at Deanne Fitzpatrick Studio and stock up on quilting fabrics at Mrs. Pugsley's Emporium. Stroll past gorgeous sandstone buildings and kick up your heels to live music.

Amherst is home to Canada's most magnificent collection of sandstone buildings. Take a guided walking tour or visit the Cumberland County Museum to learn the stories and history about these fabled buildings.

We're just a 2-hour drive from Halifax, 90-minutes from Stanfield International Airport, an hour from Prince Edward Island and 40-minutes from Moncton, New Brunswick.

Live

COME HOME TO AMHERST

If you like the idea of small-town living with cozy cafes, unique shops and restaurants, a local craft brewery, live music and a vibrant arts and recreation culture - then Amherst might be the town for you!



Work

A NEW WAY TO WORK

Stay connected to the office with reliable, unlimited, high-speed internet, while enjoying the comforts of your own home and avoiding long traffic jams during your commute.

Take advantage of one of our many green spaces and outdoor seating areas, located throughout the town, to work outside on a beautiful summer's day. Working hubs are popping up in many of our cozy cafes, where you can also enjoy a cup of coffee, or at the Community Credit Union Business Innovation Centre Business Hub.

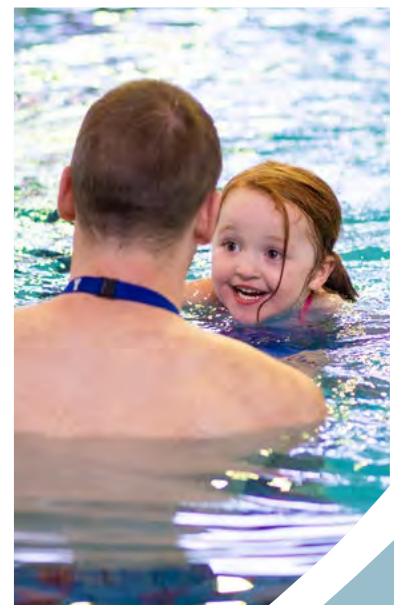
Play

LIFE OUTSIDE OF WORK

With a flexible work schedule, you can make more time for yourself and your family. You can take your pup for a run at the off-leash dog park, enjoy free public skating, borrow a pair of snowshoes or activity kit from the free equipment lending program or cool off at one of two splash parks.

You could also take the time to shoot some hoops or play pickle ball at the multipurpose court, get in a round of golf, play tennis on beautiful courts, or go for a walk to find all of the unique outdoor murals that were created by local artists.

In addition, you could take a fitness class or go for a swim at the YMCA, unwind with yoga, go for a bike ride or visit a park and play! These are just a few of the activities you will have access to mere minutes away from your home.





Joggins

Population: 500 (APPROX.)

Joggins is a rural community located in western Cumberland County, Nova Scotia, Canada. On July 7, 2008 a 15-km length of the coast constituting the Joggins Fossil Cliffs was officially inscribed on the World Heritage List.



On Your Doorstep

30-MILLION YEARS OF HISTORY

Joggins Fossil Cliffs on the Bay of Fundy in Nova Scotia is Canada's 15th UNESCO World Heritage Site.

At Joggins you will be able to observe and traverse up to 15 kilometers of magnificently exposed layers of rock revealing the world's most complete fossil record of life in the "Coal Age" when lush forests covered Joggins and much of the world's tropical regions, 300-million years ago. In these coastal cliffs, rare fossils reveal details of life as it was.

Constant erosion from the Bay of Fundy's tides, rising and falling up to 13 meters (42 feet) in Joggins twice daily, creates possibilities for exposing new fossils. Visitors will find fossils on the beach that have fallen from the cliffs, or view the spectacular sandstone layers that contain the fossilized remains of a 300-million year old forest. With careful observation, visitors may even find animal and insect track ways or, if they're lucky, the remains of amphibians or *Hylonomus lyelli*, the oldest known reptile and Nova Scotia's provincial fossil.





Malagash & Wallace

Population: 4,266 (APPROX.)

Malagash is perfectly situated for exploring the Northumberland shore as well as nearby communities of Tatamagouche, Pugwash, Wallace and Wentworth. Enjoy first-class accommodations on your own private beach and explore everything Malagash has to offer.

Wallace is a picturesque rural community on the shores of the Northumberland Strait. The views and vistas have all the beauty that comes with unspoiled ocean frontage. Museums, golf courses, and renown Jost Winery are some of the places to visit.



Jost Vineyards

COME TASTE AND EXPLORE

Tucked in the gentle hills and sheltered coastal inlets of the Northumberland Shore, Jost Vineyards is the largest winery in Nova Scotia. You'll find live music on the patio at the winery's monthly Festivals and Events. Sip and savor your way to discovering Atlantic Canada's original wine country!



Vista Bella Farm MALAGASH CIDERY

Vista Bella Farm Orchard, Cidery and Apiary is a first generation farm nestled on the North Shore in Malagash, Nova Scotia. Having planted over 30 new cider varieties brings their total apple variety count to about 110. Seasonal u-pick opens each September.



Fox Harb'r Resort 5-STAR RESORT

Fox Harb'r Resort, one of only five 5-star, 4-diamond resorts in Canada, sits on Nova Scotia's stunning Northumberland Shore, and is just a 90-minute drive from Halifax and Moncton airports. Guests are treated to elegance on a grand scale, combined with down-home Maritime hospitality.



Oxford

Population: 1,170 (APPROX.)

Oxford is considered the wild blueberry capital of Canada as it is centered in a large blueberry growing region.

The Town of Oxford is well known for its connection to the wild blueberry industry in Cumberland County, Nova Scotia. Oxford has some exciting trails surrounding the community, so if you love to explore on four-wheels, two-feet or one sled, there's something here for everyone.

Wild Blueberries

BLUEBERRY CAPITAL OF CANADA

The Town of Oxford is well known for its connection to the wild blueberry industry in Cumberland County, Nova Scotia. As one of the major employers in Cumberland County, Oxford Frozen Foods' main office and processing plants are located in the town.

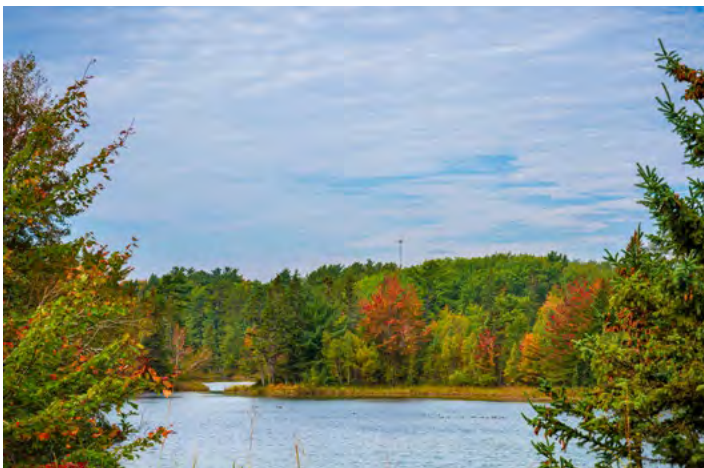
Oxford is the world's largest processor and distributor of individually quick frozen (IQF) wild blueberries.



Oxford's Beautiful Landscape

PICTURESQUE TOWN

Oxford embraces the heritage and natural beauty of the region and is colourful, clean and beautiful in every season. It has a strong and diverse economy that takes advantage of its strategic location where all elements of the community work together cooperatively to maintain and build a high quality of life for all residents.





Pugwash

Population: 746

Nestled along the shores of the Northumberland Strait, Pugwash is located about 30-minutes or less from five provincial parks with beach access. The Pugwash area is famed for its warm waters and sandy beaches (some of the warmest waters in North America.) Pugwash also offers a strong community presence with Farmer's Markets, a boardwalk, and large public events including Harbour Fest and Gathering of the Clans.

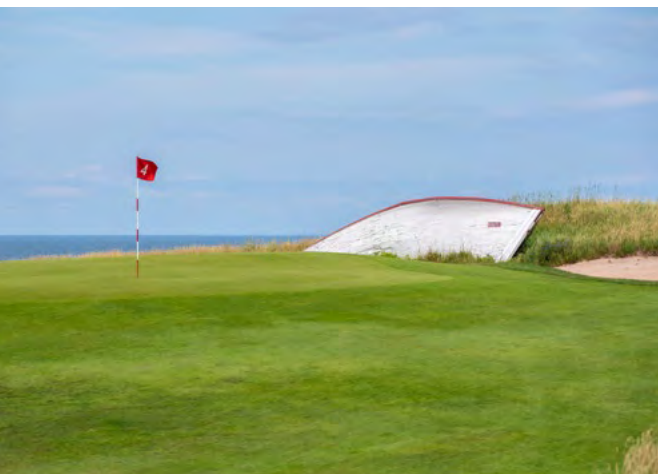
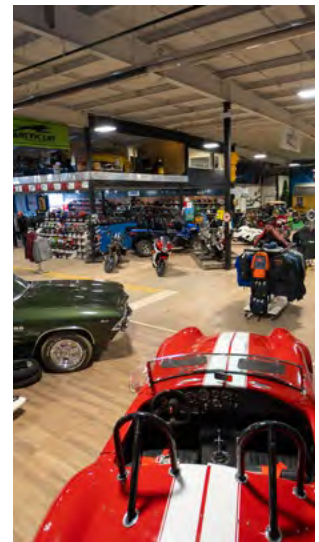


Thinkers' Lodge NATIONAL HISTORIC SITE

Thinkers' Lodge is the birthplace of the Pugwash movement, a transnational organization for nuclear disarmament and world peace. It has acted as a place of retreat that has encouraged reflection, discussion and exchange of ideas on a range of social issues. Thinkers Lodge won the Nobel Peace Prize in 1995.

Crossroads Cycle VROOM! VROOM!

Crossroads Cycle Sales is your one-stop-shop for anything and everything snowmobile, ATV, and motorcycle related in Pugwash, NS.



Northumberland Links PICTURESQUE GOLF COURSE

Located just 10-minutes from Pugwash, overlooking the beautiful Northumberland Strait, Northumberland Links is one of Atlantic Canada's most picturesque and challenging golf courses. The ocean scenery combines with the beautiful landscaping of the grounds to create an atmosphere perfect for a round of golf. The bent grass greens are designed to challenge even the most serious players.

Parrsboro

Population: 1,327 (APPROX.)

Located on the Bay of Fundy, Parrsboro is the ideal place to explore and experience the rise and fall of the world's highest tides. The lighthouse view overlooking the harbour is one of the best in the province and showcases both the horizontal and vertical extremes of the impressive Fundy tides. In addition to the view, the Parrsboro area is the most significant place on earth for harnessing tidal energy.

The Fundy tides are not the only big deal in town. Parrsboro is where Canada's oldest dinosaurs once roamed! The Fundy Geological Museum shares the area's rich 350-million-year history of fossils, stones and dinosaur bones with exhibits and guided beach tours.



Fundy Geological Museum

300-MILLION YEAR OLD FOSSILS

The world's highest tides break along the shores of the Bay of Fundy, eroding majestic sea cliffs to reveal half-a-billion years of natural history. From May to October, walk with experts from the Fundy Geological Museum through the region's rich geological timeline to interpret and experience the incredible landscape you see today.



The Parrsboro area contains internationally significant fossils, from Jurassic reptiles and dinosaurs to 300-million-year-old footprints of ancient amphibians and the world's earliest reptiles. Parrsboro is famous for its gem and mineral treasures that are displayed throughout the museum's exhibits.



Two Islands Brewing LOCAL CRAFT BREWERY

If you love to try new things, why not stop by Two Islands Brewing, which is a fantastic craft brewery in Parrsboro.

There's sure to be something for everyone, whether you enjoy an IPA, a light beer, or a seasonal stout or specialty maple brew, you should find something you love.

You can also learn how the beer is made from the passionate owners of this popular local establishment.

Parrsboro Beaches and Cliffs WASSON'S BLUFF

Walk on the ocean floor and travel back in time while looking at the rocks in the cliffs that were formed over 200-million years ago. Several guided tours, including some fabulous ones by Fundy Treasures, provide a special behind-the-scenes experience to dinosaur research that is ongoing right here in Nova Scotia's Bay of Fundy. You can also learn all the skills needed to discover gems and minerals for yourself.

Parrsboro is surrounded by several beaches that are perfect for a family picnic, rock hounding or just taking a relaxing stroll!





Springhill

Population: 2,654 (APPROX.)

Dr. Carson & Marion Murray COMMUNITY CENTRE

The Dr. Carson & Marion Murray Community Centre is a multi-purpose, state-of-the-art venue accommodating sporting, recreational, cultural, tourism and business activities. Uniquely designed to use geothermal energy from the former Springhill Mines to heat and cool the building, the center is the largest sporting facility in Atlantic Canada to operate on this type of environmentally-friendly power. Home to the Richard Calder Arena, Ross Anderson PharmaChoice Teen Centre and the CIBC Common Room event space.

Springhill is 26km southeast of Amherst and is situated on a hill 700 feet (210 meters) high, which was once the source of numerous springs, hence its name.

Springhill is well known for its rich history as a former coal mining town but has now blossomed into a wonderful, family oriented community. With multiple parks, a splash pad, an ice rink and a community center, you're never short of things to do in this close-knit town.





Great Dining & Amenities EVERYTHING YOU NEED

Offering local cafes and dining restaurants like Fencebusters Cafe, Sociables Pub & Eatery, Tim Hortons and more, Springhill has everything you need to live a happy, small town life.

Springhill is also home to NSCC Cumberland Campus that offers a range of programs in business, health, trades and technology. It also offers opportunities for academic upgrading.

Have little ones at home? There are also daycare options and some great local schools for the wee ones to attend.

Springhill Miners' Museum TOUR A MINE

Tour a Mine, Springhill Miners' Museum is located in Springhill. Tour the depths of a Springhill coal mine, famous in song and legend, with one of our knowledgeable guides. Hear stories of the disaster of 1891, the 1916 subterranean fire which raged through the galleries, the loss of 39 men in the 1956 explosion and the major 'bump' in 1958 which killed 75 men. The Miners' Museum displays unique artifacts of the history of the town and its remarkable industrial heritage.



Springhill Centennial Golf Club TEE TIME!

Springhill Centennial Golf club was founded in 1967 by a group of passionate golf enthusiasts and has been lovingly cared for and maintained by many committed staff, executives, directors and volunteers ever since. The club is now lead by a strong committee that are working tirelessly to create the absolute best course and club atmosphere possible for the benefit of the members of the club and the wider community.

Wentworth Valley

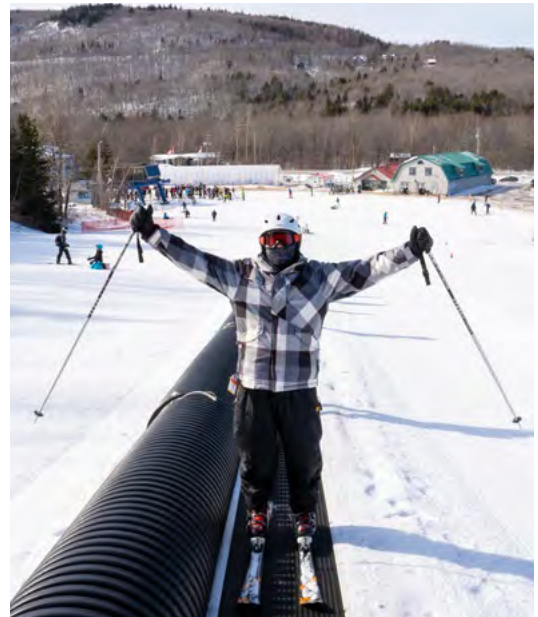
Population: 853 (APPROX.)

The scenic Wentworth Valley, nestled in Nova Scotia's Appalachian Mountains, offers beauty and adventure for all seasons. Home to a provincial park and Ski Wentworth, one of the largest ski areas in the Maritimes, you can ski, hike and drive while experiencing the wonders of this magical Cumberland region.

Ski Wentworth VALLEY OF SNOW

Ski Wentworth has some of the most varied and challenging terrain in the Maritime Provinces. Wentworth is 815 vertical feet high with 24 alpine trails, 3 terrain parks, ski/snowboard cross and a variety of trails that will challenge any skier from beginner to expert. The ever-improving snow making system covers 2/3rds of the total terrain and they have night skiing on three trails, Sissy, Rosebowl and Beaver, and lights on Rosebowl Terrain Park.

From the beginner Chickadee and flowing tree covered South Side trails, to the Explosion and graded steepes around the mountain, you'll always find some challenging terrain at Ski Wentworth regardless of your ability!



Wentworth Provincial Park DISCOVER MORE IN WENTWORTH

Wentworth Provincial Park is a very popular day use picnic park with scenic views situated in Wentworth (Highway 4) in the Northumberland Shore region. The park is a popular area for bird watchers and offers wooded and open areas with a small meandering river and trails connecting to the Cobequid Mountain trails.



Cumberland County is renowned for its strong and vibrant community spirit. The residents of Cumberland County are deeply connected and actively engaged in fostering a sense of belonging and unity. The county is home to numerous community organizations, volunteer groups, and social initiatives that work tirelessly to improve the well-being and quality of life for all residents. From local festivals and events that bring people together to support networks and resource centers, Cumberland County showcases a remarkable dedication to supporting one another.

The community spirit is evident in the warm and

welcoming atmosphere found in the towns and villages across the county. Neighbours support each other in times of need, and local businesses thrive with the support of loyal patrons. The county embraces diversity and inclusivity, promoting cultural exchanges and celebrating the unique talents and contributions of its residents.

The strong community ties are evident in the active participation in sports leagues, arts and cultural activities, and environmental conservation efforts. Cumberland County's community spirit is a driving force behind the region's growth and success, creating a place where individuals can truly feel a sense of belonging and pride in their community.

"The best thing about Cumberland, is its people."



COME HOME TO CUMBERLAND

WHERE YOU CAN REALLY HAVE IT ALL

The Simpson Family



Dave and Janelle Simpson moved to Cumberland County with their family, from North York, Toronto, Ontario in May of 2021. They decided they wanted to move to Cumberland County to 'Live Again'.

Dave had spent many years working, even as a soccer player, and didn't have the opportunity to live the life that he wanted. While residing in the hustle and bustle of Ontario, Dave realized he was losing time that he desperately wanted for his family, and, for himself. Traffic paired with the 8-hour workday and the cost of living, slowing down and moving to Cumberland was an easy choice.

Dave and Janelle decided they wanted to move somewhere where they'd be able to spend time

together - but they didn't know where - at first!

So, after hearing about Pugwash, Nova Scotia - and always wanting to visit - they decided to take a trip. They booked an Air BnB and after exploring the neighbouring town of Amherst, they fell in love immediately.

Once their trip was over, they were driving home and looked at each other without saying a word and just knew. Cumberland was where they wanted to create the life of their dreams.

Their plans were slightly stalled, due to the pandemic, but in May of 2021 the Simpson family moved to Cumberland, and have no intentions of ever leaving.

What the Simpsons love most about living in Cumberland is the nature, and the life they are able to live. Dave has lived in many places during his life, where people will pay a ton of money to get what is free in Cumberland.

The beaches, the hiking, the people, the fresh air and the general peace of mind of living in Cumberland are all things Dave and his family enjoy about living here.

The community also plays a major part in making them feel at home. Before the Simpsons had even moved in, their neighbours knew who they were and by day two, they were over to their home having a meal together. They also love how friendly the people of Cumberland are where they will walk up to you on the street just to say hello, or ask if you need help with anything.

Dave suggests to anyone that wants to enjoy life, be around good people and like to be outdoors, this is the place for you. He mentions "To anyone considering making the move to Cumberland, experience it for yourself. The pictures and the videos you see on Youtube about how gorgeous this place is doesn't do it justice number one, and there's only so much that you can actually show."

Dave has traveled all over the world and has met many different kinds of people, been to different places in different environments and different cultures and has decided to live here, and does not plan on ever leaving.

This is the perfect example of how one family completely changed the quality of life they experienced. Will your family be our next success story?

“
As soon as
we had the chance,
we bought and we moved
here and we're
never leaving.”



Fred and Jennifer
MOVED TO FENWICK, NS

Fred and Jennifer moved from Cambridge Ontario to Cumberland County in July of 2021. They live in Fenwick on a beautiful property with amazing views and plenty of space for their dogs to run and play. Jennifer and Fred decided to move to Cumberland for a better quality of life - and they now have it!



Ksenia
MOVED TO SPRINGHILL, NS

In April of 2021, Ksenia and her partner moved from Toronto, Ontario to Springhill, Nova Scotia. Moving to Springhill has allowed Ksenia to have more time enjoying life, helping in the community and less time commuting to work. She loves it here!

CUMBERLAND

Day Trips

FROM AMHERST, NS



Day trips and weekend getaways are the perfect way to explore Nova Scotia during the fall and winter months. No matter where you are in the province, plenty of adventure awaits nearby. Whether you're visiting family favorites or looking for a new community to check out, here are a few ideas to get you started, all within a few hours' drive of Amherst.



Sackville, New Brunswick

15-MINUTE DRIVE

Sackville is a small town in New Brunswick, Canada. It is known for its beautiful scenery and rich history. Some of the popular tourist attractions in Sackville include the Sackville Waterfowl Park, the Campbell Carriage Factory Museum, and the Owens Art Gallery. It is also home to the prestigious Mount Allison University.



Moncton, New Brunswick

45-MINUTE DRIVE

The region is packed with some of the province's best restaurants and bistros; you can get your arts and culture fill at the Capitol Theatre, Aberdeen Cultural Centre, and Dieppe Arts Centre; take a chance or two at Casino New Brunswick; and yes, you can shop till you drop - Moncton is one the Maritimes' premier shopping destinations.

Shediac, New Brunswick

45-MINUTE DRIVE

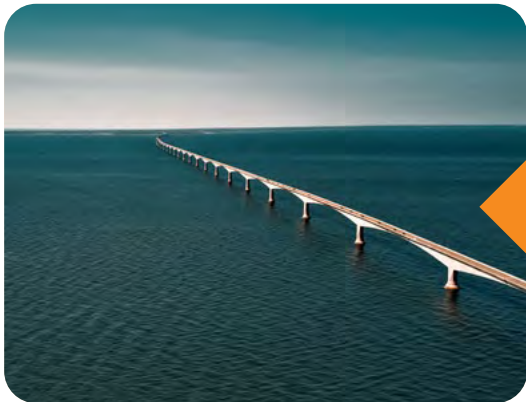
Renowned as the "Lobster Capital of the World," it boasts beautiful sandy beaches, particularly the famous Parlee Beach, where tourists can relax and soak up the sun's rays. Shediac is also home to the impressive Shediac Bay Cruises, offering delightful boat tours along the picturesque coastline.



Tatamagouche, Nova Scotia

1-HOUR DRIVE

A not-to-be-missed quaint village with a bustling Main Street, you'll find a craft brewery, farmers' market, handmade chocolates, fresh baked goodies, chowder, bike rentals and restored rail cars that are now an inn, all within a one-kilometer stretch. Tatamagouche is ideally located less than 30 minutes from three provincial parks offering warm-water beaches.



Charlottetown, PEI

1.5-HOUR DRIVE

PEI's capital city, Charlottetown, might be small, but it's bursting with big energy and Island hospitality. This seaside city is a historical hub of culture, festivals and events, artisan shops, world-class restaurants and so much more. What are you waiting for? It's time to discover Charlottetown.

Halifax, Nova Scotia

2-HOUR DRIVE

The Halifax Waterfront is a bustling hot spot in the city. With one of the world's longest urban boardwalks spanning the length of the waterfront - 4 kilometers (2.5 miles) from Pier 21 at the Halifax Seaport to Casino Nova Scotia - it is easy to spend a day exploring Nova Scotia's capital city.



The Annapolis Valley, Nova Scotia

3-HOUR DRIVE

Travel to the scenic Annapolis Valley, Atlantic Canada's wine country and richest agricultural region. Full of fields, dykes, orchards and many wineries waiting to be explored. The power of nature is apparent here with the world famous Bay of Fundy tides and ever-changing landscape of rocky shores, and idyllic towns such as Wolfville and Kentville.

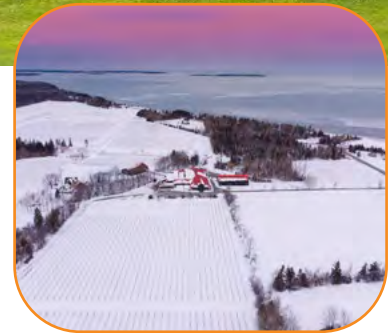
QUALITY
OF LIFE

Four Seasons **OF FUN**



A Paradise for Outdoor and Nature Lovers

Looking for year-round outdoor adventure? The Cumberland Region offers scenic views and exciting experiences no matter the season. Visit one of our beautiful provincial parks, hit the links at our iconic golf courses, dip your toes in the warmest water north of the Carolinas, or grab your gear and suit up for the ski hill. We've got something for everyone, 365 days a year.



One of the greatest things about Cumberland County, is that you can actually experience all four-seasons as nature intended. We have beautiful snowfall in the winter, a gorgeous spring watching nature come back to life, sensational summers with unlimited sun, sand and sea, and breathtakingly beautiful fall colours that have to be seen to be believed.

Spring

Mid March to late April: 0 to 10 °C (32 to 50 °F)
Late April to mid June: 10 to 20 °C (50 to 70 °F)

Summer

Mid June to mid September: 20 to 25 °C (70 to 80 °F)
though temperatures can reach 30 to 32 °C (86 to 90 °F) with humidity.

Fall

Mid September to mid November: 10 to 20 °C (50 to 70 °F)
Mid November to mid December: 0 to 10 °C (30 to 50 °F)

Winter

Mid December to mid March: -15 to +5 °C (5 to 41 °F)



DISCOVER UNESCO JOGGINS FOSSIL CLIFFS WORLD HERITAGE SITE A 310-MILLION YEAR OLD STORY

Preserved in nature, uncovered by force. Explore one of nature's most inspiring creations, where the highest tides in the world reveal the most complete fossil record of the "Coal Age", 100-million years before the dinosaurs. Every rock holds the possibility of discovery, and guided tours may lead you to finding a missing piece of time's puzzle. In Joggins, your backyard may be 300-million years old but every day is different!

The swamp forests produced massive quantities of organic matter that, over millions of years, created

the coal deposits for which this period of history is named.

The Joggins Fossil Centre is situated on the reclaimed site of the Old Joggins No. 7 Coal Mine overlooking the Joggins Fossil Cliffs. The Centre provides an exceptional learning experience, featuring an extensive fossil specimen collection, exhibits, and displays.





Every single day the massive tides reveal new fossils along these incredible cliffs. Here you can see rocks and plant fossils that date back 100-million years before the dinosaurs when the earth only had a single giant continent, Pangea.

The region now attracts a variety of both local and international research projects including those directed at rift-basin development, paleontology, and resource development. Currently, researchers from Harvard University, the Smithsonian Institute, Columbia University, and others from the UK are doing work in the area.

The FORCE visitor center, 10km west of Parrsboro, overlooks the ocean test site where new tidal energy devices hope to generate electricity from the fast moving waters of the Minas Passage. FORCE provides underwater power cables to connect devices to the shore, and conducts environmental monitoring and research to better understand any potential effects.

When you visit Cumberland, this incredible historical landscape is yours to explore completely free whenever you wish.



SPORTS & Recreation

YEAR ROUND FUN FOR EVERYONE



Try Something New

THERE'S SO MUCH TO EXPERIENCE!

Visiting Cumberland County, Nova Scotia offers a wealth of exciting experiences for first-time visitors. You can witness the awe-inspiring tides of the Bay of Fundy, which boast the highest tidal range in the world, and explore the mesmerizing Wasson Bluff, one of Canada's most significant fossil sites, with its breathtaking beaches and stunning cliff side. Immerse yourself in the region's rich cultural heritage by attending vibrant festivals and events, where you can indulge in traditional music, dance, and cuisine.

Embark on outdoor adventures like kayaking along pristine rivers, hiking the scenic trails of Cape Chignecto Provincial Park, or discovering hidden gems like the striking Joggins Fossil Cliffs, a UNESCO World Heritage Site. Additionally, Cumberland County offers unique opportunities for culinary exploration, from savoring fresh seafood straight from the Atlantic Ocean, to sampling local delicacies at farmers' markets and charming eateries.



Whether it is witnessing natural wonders, immersing in culture, exploring the great outdoors, or indulging in delicious local cuisine, Cumberland County presents a world of memorable first-time experiences for every visitor.



Motorsports

CRUISE CUMBERLAND

Cumberland County has a vibrant motor sports scene, with enthusiasts and racing professionals enjoying various forms of motor sports and motocross, providing thrilling events and opportunities for participants and spectators to indulge in the excitement and adrenaline of two, three and four-wheel fun.

Hiking

ENJOY SOME FRESH AIR!

Hiking is a four-season adventure in Nova Scotia. From seaside trails with expansive ocean views, to exploring trails meandering through old growth forests, highland mountaintops, or rolling orchards and pastoral fields; it's easy to take a walk on the wild side in Cumberland County.



Yoga

FOR EVERY-BODY

We embrace the practice of yoga, offering a variety of yoga studios and wellness centers where individuals can experience the benefits of this ancient discipline, fostering physical strength, mental well-being, and a sense of peace in the picturesque surroundings of the county.



Amherst Lions Skatepark FUN FOR ALL AGES

Built in 2011 with generous support from the Amherst Lions Club, the 10,000 sq. ft. skate park is located next to Amherst Stadium on Church Street. The park's configuration is largely plaza-based with various ledges, rails, stairs, hips, and more. There are some transition elements as well: a bowled-out quarter pipe and a custom quarter pipe.

The skate park was developed as part of the town of Amherst's strategy to provide no-cost recreational opportunities to youth and is very popular with skating enthusiasts of all ages.



Basketball

GET ON THE COURT

Join your local team at the YMCA or play for fun at any of our local courts all across Cumberland County!



Soccer

TEAM BUILDING

There are so many opportunities to play and enjoy soccer here in Cumberland! From Timbits to high-school soccer.



Splashpads & Play Parks

FUN FOR THE KIDDOS

Cumberland offers an abundance of playgrounds, parks and splash parks for kids to cool off on warm summer days.



WE LOVE SPORTS

Hockey

HOCKEY LOVERS REJOICE

Whether you are looking to support our home team, or the pee-wee player in your life, there are so many opportunities to watch and play Canada's great game.



Racquet Sports

A GREAT WAY TO STAY IN SHAPE

Whether you're looking to play racquet ball or tennis with friends, we have some awesome, state-of-the-art courts here in Cumberland County.



THE Warmest Waters NORTH OF THE CAROLINAS

Picture this: you stroll down a long beach of the softest red sand and dip your toes into the sparkling blue waters. Whether picnicking or birdwatching, beach combing or swimming, the beaches of Cumberland are sure to create perfect summer memories for your family. In Nova Scotia, you're never more than 67 km (42 mi) from the ocean.



Blue Sea Beach
Provincial Park



Northport Beach
Provincial Park



Heather Beach
Provincial Park



Pugwash Beaches



Wasson Bluff



Joggins Fossil Cliffs

EXPLORE OUR
Beaches



With several provincial parks situated throughout Cumberland and offering campsites that range from quiet, wooded sites to sandy beach side sites, you'll have no problem discovering a spot that is perfect for you. Cumberland Region offers many campgrounds and provincial parks to serve as your home-base while you explore the region.



Photo from novascotia.com



BACKCOUNTRY CAMPING

Spectacular areas like Cape Chignecto offers endless opportunities to get back to nature and discover the wonders within our beautiful province.

IF YOU *Love* THE OUTDOORS



WATER ACTIVITIES

We offer a diverse range of water activities, including boating, kayaking, fishing, and swimming, allowing residents to enjoy the stunning coastal beauty of the Bay of Fundy and explore the numerous lakes, rivers, and beaches that dot the region.



FAMILY OUTINGS

From exploring scenic hiking trails and enjoying picnics in picturesque parks, to visiting interactive museums and participating in seasonal events, ensuring that families can create lasting memories together in this vibrant community.



BEACHES

Boasting pristine and picturesque beaches such as Heather Beach, Port Howe Beach, and Parrsboro Beaches, where residents can unwind, soak up the sun, and enjoy activities like swimming, beach combing, and building sandcastles amidst the stunning coastal scenery of the Bay of Fundy.





YOU WILL *Love* CUMBERLAND



WINTER SPORTS

We have a variety of exhilarating and exciting winter sports activities, including skiing, snowboarding, snowshoeing, and ice skating. Residents get to embrace the snowy season and enjoy the beautiful landscapes of Wentworth Ski Hill and have some fun skating or sledding on the countless hills in the county.



VINEYARDS & CIDERIES

Cumberland County is home to charming vineyards such as Jost Vineyards and Vista Bella Farm: Cidery, where residents can indulge in wine tastings, stroll through scenic vineyards, and learn about the region's thriving wine and cider culture while enjoying breathtaking views of the surrounding countryside.



WATERFALLS

Enchanting waterfalls, such as Economy Falls and Wentworth Falls, where residents can immerse themselves in the natural beauty, embark on refreshing hikes, and witness the mesmerizing cascades that flow amidst the picturesque landscapes of the region.

CUMBERLAND IS **HIRING**



**REMOTE
WORKER?
RELIABLE
HIGH-SPEED
INTERNET
AVAILABLE
EVERYWHERE**

Right now there is an absolute abundance of opportunities to work in Cumberland. No matter what your field of interest or expertise is, we likely have a great job or a fulfilling career that would be perfect for you!

Are you a remote worker looking for a great place to live with high-speed internet access and affordable living?

Look no further than Cumberland!



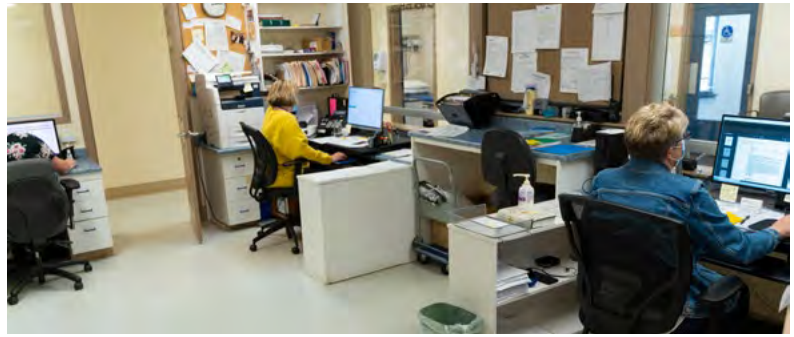
Opportunities in Skilled Trades TRADESPEOPLE WANTED

Offering a wide range of trades job opportunities in our region, with ongoing infrastructure development projects, residential and commercial construction, and renovations, providing employment prospects for skilled tradespeople, contractors, and professionals in the trades industry.



Opportunities in Health Care MEDICAL FIELD

Cumberland offers a wide range of job opportunities in the medical field, with its hospitals, clinics, and healthcare facilities seeking professionals such as doctors, nurses, medical technicians, and administrative staff to provide quality healthcare services and support the well-being of the local community.



ENTREPRENEURSHIP & SMALL BUSINESS

Cumberland County provides a supportive environment for entrepreneurship and small businesses, with resources such as business development programs, networking events, and access to local markets, enabling aspiring entrepreneurs and small business owners to thrive and contribute to the vibrant economy of the region.

Resources for Entrepreneurs

Cumberland Chamber of Commerce
Cumberland Business Connector
CBDC Cumberland

HOSPITALITY & TOURISM

Cumberland County has abundant hospitality and tourism opportunities, with charming bed and breakfasts, hotels, restaurants, and attractions, attracting visitors from near and far, and providing employment prospects in areas such as hospitality management, tourism services, culinary arts, and customer service.

AGRICULTURE

Cumberland presents promising agriculture opportunities, with its fertile farmlands, diverse agricultural sectors, and supportive farming community, creating avenues for farmers, agribusiness owners, and agricultural professionals to cultivate crops, raise livestock, engage in agritourism, and contribute to the local food production and sustainability.

MANUFACTURING

Offering favorable manufacturing opportunities, with its strategic location, skilled workforce, and supportive business environment, attracting manufacturers to establish operations and engage in sectors such as automotive, aerospace, electronics, and food processing, contributing to the region's economic growth and job creation.

STUDENT INTERNSHIP

Cumberland provides valuable student internship opportunities, collaborating with local businesses, organizations, and educational institutions to offer students hands-on experiences, mentorship, and professional development across various fields, empowering them to gain practical skills and contribute to the local workforce.

Real Estate

Over the past few years, real estate prices have skyrocketed all around the world, and they were raised here too; but our prices were so low before that even at an elevated price tag, real estate in Cumberland is still some of the cheapest in the country!

Cumberland County, Nova Scotia is one of the most affordable places in Canada to buy a home. Whether you are looking to live in a town with all the necessary amenities, or off the beaten track among nature, where you're able to sip your morning coffee with a view of the ocean - whatever your version of heaven is, we have something here for everyone!

Why live with no room in the city, when you can live like royalty in Cumberland?

AVERAGE PRICE
OF A 3 BEDROOM HOME
IN CUMBERLAND
COUNTY, NS
\$250,000

AVERAGE PRICE
OF A WATERFRONT
COTTAGE
IN CUMBERLAND
COUNTY, NS
\$200,000

AFFORDABLE
HOUSING IN RURAL
CUMBERLAND COUNTY
STARTS AT
\$59,900

WANT TO KNOW MORE?

I mean, who wouldn't, right? Let's go a little deeper and tell you a bit more about all that we've got to see and do here.

In Cumberland, you're light years away from the stressful hustle & bustle of city life, but you're never far from the things you need to live an awesome and fulfilling life.





First Time Home Owner REBATE PROGRAM

Apply for a rebate of up to \$3,000 on the purchase of a newly-built home. The home needs to be your primary residence and the first house you've bought in Canada in the last 5 years. Or it needs to replace your previous home that was involuntarily destroyed in the last 5 years.

Want to learn more about the amazing real estate options available in the Cumberland region?
Visit the websites for the companies listed below to find out more, and maybe even find your dream home!

Your Dream Home Awaits!



A CENTRE FOR EDUCATION

17 SCHOOLS, 2 COMMUNITY COLLEGE CAMPUSES
1 UNIVERSITY, PRE-PRIMARY, DAYCARES AND MORE!

Educational opportunities in Cumberland County, Nova Scotia are diverse and cater to the needs of its residents. The county is home to a range of educational institutions, including public schools, private schools, and the campuses of the Nova Scotia Community College (NSCC). Students in Cumberland County have access to quality education from elementary to post-secondary levels, with dedicated teachers and staff who provide a nurturing learning

environment. The county values education and encourages students to excel academically, while also promoting extracurricular activities and community engagement. Additionally, Cumberland County benefits from the collaboration between educational institutions, local businesses, and organizations, fostering valuable partnerships and creating pathways for students to develop the skills and knowledge necessary for their future success.

Higher Education & Trades:

NOVA SCOTIA COMMUNITY COLLEGE

Cumberland County, Nova Scotia is home to two NSCC campuses, namely Cumberland Campus in Springhill and Amherst Learning Centre in Amherst. NSCC provides students with a diverse range of programs and courses, state-of-the-art facilities, and a supportive learning environment to pursue their educational goals.

Mount Allison University

JUST 14-MINUTES FROM AMHERST

Mount Allison University, located in the charming town of Sackville, NB, is a renowned undergraduate liberal arts and sciences university known for its academic excellence, small class sizes, and vibrant campus community, offering students a personalized and engaging educational experience.



Fantastic Grade Schools

17 SCHOOLS TO CHOOSE FROM + FRENCH IMMERSION

Cumberland County provides a range of grade schools that offer quality education to students. The county is home to several elementary schools, such as Spring Street Academy, Oxford Regional Education Centre, and West Highlands Elementary School to name a few, which provide a strong foundation for students' academic journey.

Additionally, for families seeking French immersion programs, Cumberland County offers many options. These programs provide students with the opportunity to learn in a bilingual environment, developing proficiency in both French and English. These schools are committed to fostering a positive and inclusive learning environment, nurturing students' linguistic and cultural understanding.



Other Education Opportunities

DAYCARE & PRE-PRIMARY

Cumberland offers a wide range of daycare and pre-primary opportunities to support early childhood education and care. Families in the county can find licensed daycare facilities that offer a safe and nurturing environment for children. These daycares focus on providing age-appropriate activities, socialization opportunities, and early learning experiences.

In addition, Cumberland County also participates in the Nova Scotia Pre-Primary Program, offering free early learning experiences to children who are four years old by December 31st. This program provides a play-based curriculum designed to enhance children's social, emotional, cognitive, and physical development, helping to prepare them for a smooth transition into primary school. The county values early childhood education and strives to provide accessible and high-quality care options for families.



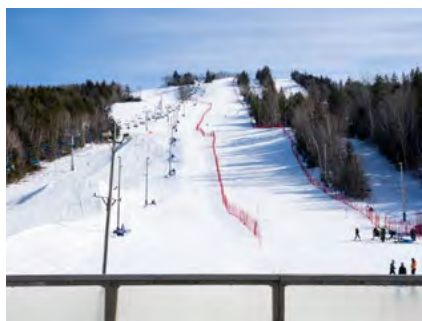
CUMBERLAND BUSINESS SUCCESS STORIES

We have so many incredible businesses here in Cumberland. Some have been around for decades, but many are brand new. What each of them share, is a desire to bend over backwards to provide value and experience to their customers.



Jost Vineyards
MALAGASH, NS

Jost Vineyards offers visitors the opportunity to indulge in award-winning wines, explore beautiful vineyards, and experience the unique terrain of the region.



Ski Wentworth
WENTWORTH VALLEY, NS

A popular winter destination where outdoor enthusiasts can enjoy thrilling ski and snowboarding adventures on well-groomed slopes, accompanied by breathtaking panoramic views of the surrounding countryside.



Crossroads Cycle Sales
PUGWASH, NS

Crossroads Cycle offers a wide range of motorcycles, accessories, and expert advice to ensure riders can enjoy their cycling adventures to the fullest.



Fox Harb'r
WALLACE, NS

Offering an unparalleled experience of relaxation, indulgence, and world-class amenities, including a championship golf course, elegant accommodations, fine dining, spa facilities, and breathtaking views of the Northumberland Strait.



Emmerson Packaging
AMHERST, NS

A leading packaging solutions provider that specializes in innovative and sustainable packaging solutions, catering to a wide range of industries and helping businesses enhance their product presentation while minimizing their environmental impact.



Surrette Battery Co Ltd.
SPRINGHILL, NS

A renowned manufacturer of high-quality deep-cycle batteries, known for their durability, reliability, and exceptional performance. Serving a diverse range of applications such as renewable energy systems, marine vessels, and industrial equipment.

NEWCOMER OUTREACH



Welcome to Cumberland

The newcomer outreach program is a dedicated initiative designed to support and integrate newcomers into the community. The program aims to provide assistance, resources, and guidance to individuals and families who have recently arrived in the county.

Through the program, newcomers can access information on various settlement services, such as language classes, employment support, housing assistance, and cultural orientation.

The program also facilitates connections with local community organizations, schools, and government services to help newcomers navigate and become active participants in their new community. Cumberland County's newcomer outreach program strives to create a welcoming environment and foster a sense of belonging for individuals and families as they adapt to their new lives in the county.

— WE ARE
Growing —

Resource Links

CHOOSE NOVA SCOTIA

[Cumberland Multicultural Society
https://novascotiastart.ca](https://novascotiastart.ca)
<https://novascotiainmigration.com/>
<https://isans.ca/>
<https://www.yishfx.ca/yreach>

Newcomer Assistance

Y-REACH PROGRAM

The Y-Reach program provides place-based settlement and languages support to immigrants, refugees and their families who are new to communities in Cumberland County.

The Program Includes:

- In-person individual and group settlement services
- Community orientation and support in accessing services
- Social events and recreational opportunities
- Child and youth programming
- Solution-focused counseling and advocacy
- Awareness raising and welcoming communities initiatives
- Community collaboration and referrals
- In-person language instruction
- Needs assessments and settlement plans for Atlantic Immigration Program (AIP) participants



Everything you Need



Foodies

RESTAURANTS & PUBS

A haven for foodies due to its rich culinary heritage, abundant local produce, and thriving food and beverage scene, offering a delightful array of farm-to-table experiences, seafood delights, farmers' markets, and charming restaurants that celebrate the region's bountiful flavors and showcase the freshest ingredients from land and sea.

Events, Programs, Resources

7 LIBRARIES

Known for its vibrant community spirit and commitment to providing exceptional events, programs, and resources, Cumberland offers a wide range of engaging activities, cultural festivals, recreational opportunities, educational initiatives, and support services that cater to diverse interests and enhance the quality of life for residents and visitors alike.



Looking Good

AESTHETICS

Skilled professionals and dedicated practitioners offer a wide range of services such as skincare, beauty treatments, hair styling, and wellness therapies, ensuring that residents can enjoy top-notch aesthetic care and pampering experiences right in their own community.



Finances

FINANCIAL INSTITUTIONS

We offer a variety of reputable financial institutions and local banks providing comprehensive banking solutions, personalized advice, and convenient access to banking products and services to cater to the diverse needs of individuals, businesses, and the community as a whole.



Golden Years

SENIOR LIVING

Cumberland provides excellent options for senior living, with a supportive community, quality healthcare services, and a range of senior-friendly amenities and activities that promote a fulfilling and active lifestyle for older adults in a welcoming and inclusive environment.



Getting Things Done

IMPORTANT SERVICES

Offering a wide range of important services, including quality healthcare, educational resources, recreational facilities, community support programs, and access to essential amenities, ensuring the well-being and satisfaction of its residents.

Your Best Friends

VETERINARIANS / GROOMERS / BOARDING

Cumberland offers comprehensive veterinary services, providing quality care and medical treatment for pets, including routine check-ups, vaccinations, surgical procedures, and compassionate support for pet owners. Boarding options are also available in the county.



For the Little Ones

CHILDCARE / DAYCARE

Reliable daycare services that provide a safe and nurturing environment for children, ensuring their well-being while offering age-appropriate activities and early learning opportunities are available across Cumberland County.

Alternative Health Care

DENTISTS & ALTERNATIVE HEALTH PROVIDERS

Cumberland offers access to dental care, holistic treatments, chiropractic care, acupuncture, and other wellness practices for residents seeking diverse healthcare approaches.





Shopping

EVERYTHING YOU WANT, NOW!

The county features charming downtown areas, including Amherst and Springhill, where you can find a mix of local boutiques, specialty stores, and antique shops, offering unique and one-of-a-kind items.

For convenient shopping, there are also retail centers and plazas that house well-known national and international brands, providing a wide range of products and services. Additionally, farmers' markets, such as the Amherst Farmers' Market, offer fresh produce, homemade goods, and artisan crafts, allowing residents to support local vendors and enjoy the flavours of the region.

Cumberland County ensures that residents have access to a diverse shopping experience, combining the convenience of modern retail with the charm of local businesses.

Whenever it is that you need them, our local businesses are there for you. And with your continued support, they always will be too!

*Support Local
Shop Cumberland*



Cumberland County Libraries

NOT JUST BOOKS

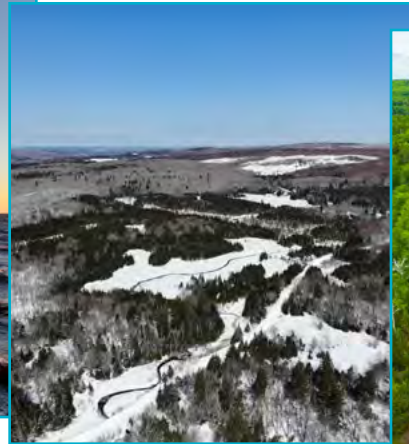
- Free Internet Access - 4 week loans of mobile hot spots
- Hoopla audio books, e-book, TV shows, and movies
- Photocopying, printing, scanning services
- Art classes
- Textile crafts
- Borrow sports equipment such as snow shoes and bicycles

<https://www.cumberlandpubliclibraries.ca/>



We Have 4 Distinct Geologies:

Cumberland County, showcases a fascinating geological diversity, with four distinct geologies including The Isthmus of Chignecto and the Tantramar Marshes, The Northumberland Strait, The Bay of Fundy and The Cobequid Hills.



Transportation System

Cumberland benefits from a reliable transportation network that includes well-maintained roads, public transit services, and connections to major highways, ensuring convenient travel within the county and to neighboring regions, allowing residents and visitors to navigate the area efficiently.

Did you know that in Canada, the school bus system is FREE, safe, and reliable?
And in Cumberland County we have a wheelchair accessible, affordable not-for profit door-to-door public transportation service for ALL residents of the county.

<https://cctscumberland.ruralrides.ca/> | 902-667-8149

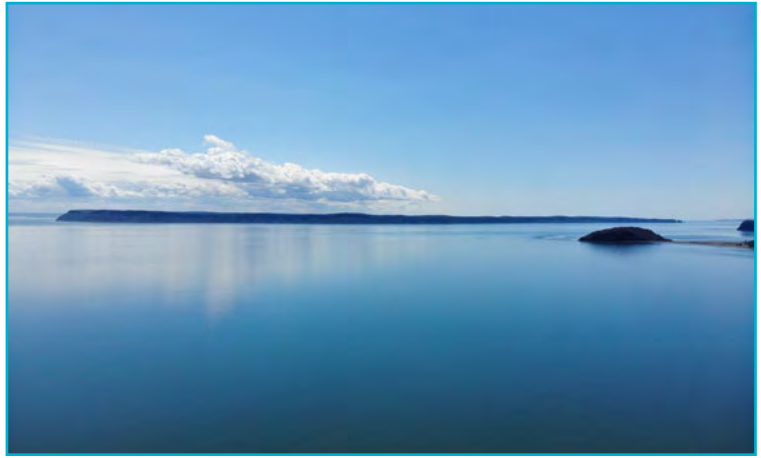
SUSTAINABLE *Energy*

“We want to be the municipality on the planet that produces more green energy per capita than anywhere else.”

- Rennie Bugley

Hydro Electricity POWERED BY WATER

Cumberland benefits from hydroelectric power, with its rivers and waterways harnessed to generate clean and renewable energy, contributing to the region's sustainable and environmentally friendly electricity supply.



Solar Gardens POWERED BY THE SUN

The County embraces solar gardens, providing community-based solar energy initiatives that allow residents to participate in and benefit from the development of solar power, promoting renewable energy adoption and contributing to a greener and more sustainable future.

Wind Farms POWERED BY WIND

Amherst hosts wind farms that harness the region's strong and consistent winds, generating clean and renewable energy to power homes and businesses, showcasing the county's commitment to sustainable development and reducing carbon emissions.



FOR A SAFE & STABLE FUTURE

CUMBERLAND *Hospitals* AND EMERGENCY SERVICES



Here to Help EMERGENCY SERVICES

Whether providing prompt and professional assistance during times of crisis, ensuring the safety and well-being of residents through their dedicated teams of paramedics, firefighters, and law enforcement personnel who work tirelessly to protect and serve the community - we are here for you!

RCMP | POLICE | FIREFIGHTERS | EMT
HOSPITAL ER | NSPOWER

KNOW YOUR CODES

911 - GENERAL EMERGENCY
811 - MEDICAL ADVICE
211 - SOCIAL SERVICES AND COMMUNITY RESOURCES

All Saints Springhill Hospital
Springhill, NS
Phone: 902-597-3773

Bayview Memorial Health Centre
Advocate Harbour, NS
Phone: 902-392-2859

Cumberland Regional Health Care Centre
Amherst, NS
Phone: 902-667-3361

North Cumberland Memorial Hospital
Pugwash, NS
Phone: 902-243-2521

South Cumberland Community Care Centre
Parrsboro, NS
Phone: 902-254-2540

A wide-angle photograph of a coastal landscape at sunset. Several wind turbines are silhouetted against a vibrant orange and red sky. The sun is a bright, glowing orb on the horizon, partially obscured by the turbines. The foreground is dark, suggesting a beach or dunes.

CUMBERLAND'S PROMISE TO YOU

Here in the Cumberland region, we promise unobstructed stunning sunsets almost daily. We promise affordable living, safety for your family, high-speed Internet for remote work and nearly infinite wild blueberries.

We promise more hiking trails than you can shake a walking stick at, Ski hills, waterfalls and mile upon mile of beautiful coastline and quaint beaches. We promise unlimited adventures throughout four breathtaking seasons right here in your own back yard, with the added bonus of being able to hop in your car and be anywhere in the Maritimes in a few short hours.

More than anything, we promise to welcome you with open arms when you join our growing community of kind people, who simply love the freedom and life that Cumberland allows them to live. There really is something here for everyone here. So if you are looking to make a move, we think this might be the best move you ever make!

We have heard from so many people who have moved here from other parts of the world, who fell in love with the place and never left. We invite you to pay our stunning part of the world a visit, virtually or in-person, so that you can find the perfect place to call home, and let your love story with Cumberland begin.





CUMBERLAND
nova scotia